

33 THINGS YOU NEED TO SURVIVE



THAT YOU CAN'T GET WHEN DISASTER STRIKES!

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35 Essential Items

THE CHECKLIST

WHAT YOU WILL NEED:

FOOD

- Long term storage food such as: rice, beans, dried fruit, honey, salt - food that won't expire in the near future.
- Seeds

CLEAN WATER

- Stored water (store in re-sealable containers holding at least 4L)
- Water filters (premade drinking filters)
- Disinfectant (iodine tablets)

SHELTER

- Heavy-duty tarp
- Cold weather sleeping bag

WARM CLOTHING

- Parka and snow pants
- Sweaters of different sizes
- Gloves

LIGHTWEIGHT AXE

6-12 MONTHS OF FIREWOOD

- On average, expect 1 cord of firewood to last 1 week

LIGHTERS AND MATCHES

HIKING BOOTS OR COMFORTABLE SHOES

FLASHLIGHTS AND CANDLES

- Flashlights should be hand-crank and/or solar powered

A DURABLE, SIMPLE RADIO

EMERGENCY COMMUNICATION EQUIPMENT

- 2-way radios
- Simple phones

A MULTI-TOOL/SWISS ARMY KNIFE

- Must include screwdrivers, scissors, and a file

PERSONAL HYGIENE ITEMS

FIRST-AID KIT

EXTRA GASOLINE

SEWING KIT

SELF-DEFENSE EQUIPMENT

- Gun
- Pepper spray
- Slingshot

BATTERIES

SOLAR CHARGING DEVICES

LOTS OF AMMUNITION

EXTRA PERSONAL ITEMS

- Eye glasses
- Keys
- Prescription medication
- Hearing aids, etc

COMPASS AND MAPS

HEAVY DUTY, REINFORCED GARBAGE BAGS

HIKING BACKPACK

TOOLS

- Garden saw
- Crowbar, etc

SURVIVAL BOOKS

SILVER COINS AND CASH

KNIVES AND SHARPENING TOOLS

SOAP

PORTABLE, REUSABLE STORE

- Aluminum foil for effective cooking

DUCT TAPE

PHOTOCOPIES OF IDENTIFICATION

- Ensure that all documents are laminated for survival

NYLON ROPE

POTASSIUM IODIDE

MASKS